



SUITS TO BOOTS: ARCADIA CORPORATE VOLUNTEER DAY



GROW YOUR TEAM ONE SEEDLING AT A TIME

A TEAM BUILDING DAY OF SERVICE

At Arcadia, we are on a mission to make sure everyone has access to nutritious local food. It's good for public health, for the land, and for the economy. So at Arcadia, we grow food, we train farmers, we inspire healthy eaters, and we make it possible for everyone to afford and easily access nourishing food.

Team-Building Days at Arcadia are a great way to support your colleagues' personal and professional growth all while giving back to your community. Volunteer opportunities take place on Dogue Farm, our 5-acre production and veteran farmer training site, and at Hilltop Farm, our educational farm and garden on the grounds of the historic Woodlawn mansion.

Your team will help our farmers with seasonal tasks that support our farm mission. We provide the water, tools, gardening gloves, instruction and oversight. All that's missing is you!

Sign up by scanning this code or visiting:
<https://tinyurl.com/2njszhh3>





THE EXPERIENCE

Your team will learn and carry out fun and meaningful seasonal tasks that support our farm: weeding, harvesting, building beds, moving compost and mulch, building trellises, clearing beds for first-time planting, and exciting new projects that pop up periodically. Some teams have planted fruit trees, transplanted hundreds of strawberry seedlings, and harvested hundreds of pounds of beets!

Your Team-Building Day will start with a brief orientation to Arcadia's work by our professional staff. We'll tell you what you are doing, and most importantly, why! We will give you the tools you need to complete your mission and teach you how to use them. Then your group will dig in – allowing fresh air and busy hands to calm your minds and soothe your spirits.

Soon enough, you'll be feeling like a united team, working side by side, and seeing each other in fresh new ways. CEOs work next to support staff, all pulling in the same direction: to get good food on local tables, build healthy soil, and create spaces for wildlife to flourish.

THE HISTORY OF ARCADIA CENTER FOR SUSTAINABLE FOOD & AGRICULTURE

Washington, D.C. restaurateur Michael Babin founded Arcadia to fix a problem he first encountered when trying to source local, responsibly grown fruits and vegetables for his restaurants: The supply was small and the price was high, putting it economically out of reach for restaurants trying to control food costs. He then asked: if this is too expensive for a restaurant, how can low-income families afford it? Arcadia was founded to fix the problem: adding to the supply of nourishing local food, training more farmers, building appetites for healthy food, and overcoming the barriers that prevent people from access it.

Our work begins with, and emanates from, our sustainable farm in suburban Virginia, on the grounds of historic Woodlawn & Pope-Leighey House, the very first property purchased for protection by the National Trust for Historic Preservation.

**Sustainable
Agriculture**



**Veteran Farmer
Training Program**



**Mobile Markets
Healthy Food Access**



**Farm and Nutrition
Education**



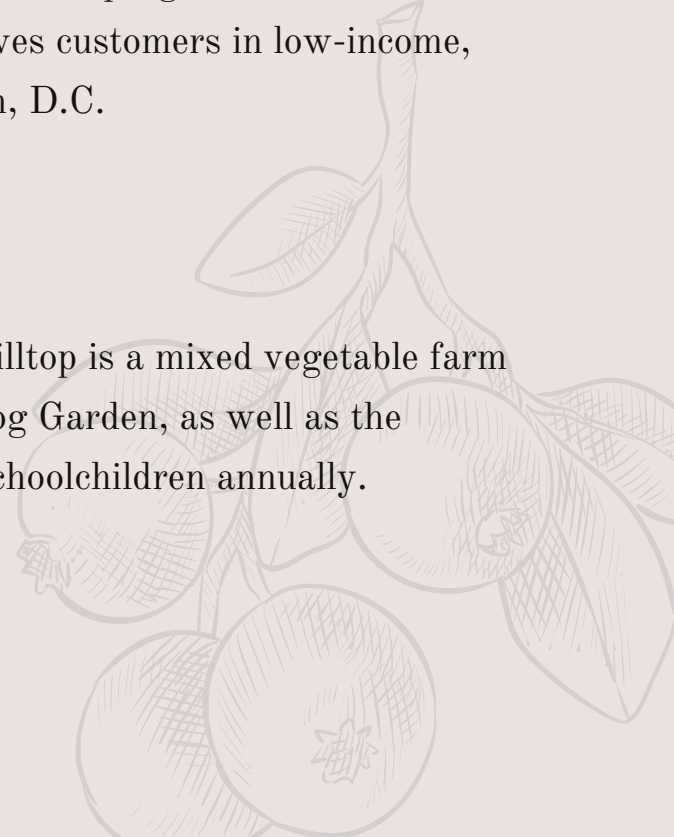
OUR GROWING SPACES

Dogue Production Farm

Our 5-acre production and veteran farmer training site. Arcadia established Dogue Farm in 2016 on an old horse pasture, growing more than 1,000,000 servings of fresh, healthy food for Arcadia's Mobile Market, on farm program, and donations to local food pantries. Arcadia's Mobile Market serves customers in low-income, low-food access neighborhoods around Washington, D.C.

Hilltop

Our 1-acre demonstration and educational farm. Hilltop is a mixed vegetable farm and the site of our children's experiential Groundhog Garden, as well as the location for field trips and Farm Camp for 1,500 schoolchildren annually.



SCHEDULE YOUR EXPERIENCE

We welcome team-building groups from March to November, the local growing season. Dates and times are flexible; we recommend no more than half a day as the work can be physically challenging. We regularly accommodate groups of up to 20; if you have a larger group, let's talk!

Each Team-Building Day begins by getting your group acclimated to the site. We invite you in by sharing Arcadia's story and giving you a tour of our production space. Next, your team will be guided by our skilled staff to carry out important and meaningful farm tasks. This type of invigorating labor, working shoulder to shoulder, creates shared experiences and fond memories, allows for conversations to flow and knits strong connections that will carry your team forward.

Volunteers should wear comfortable clothing, closed-toe shoes and hats, and bring a reusable water bottle and snack. Volunteers may bring work gloves or borrow ours.

Pricing

For each corporate volunteer group we ask for a tax-deductible donation of \$1,000 for groups up to 20. These donations help us offset staff time and purchase farm equipment and supplies to support your volunteer day.

If a corporate volunteer day isn't in your budget, reach out to Regan@arcadiafood.org to learn about other opportunities on the farm!

For inquiries about scheduling your Corporate Volunteer Day,
please email Regan@arcadiafood.org

